

KUHS INTERZONE SPORTS COMPETITIONS 2025-2026

SI No.	Events	Date		Venue
		From	To	
1	Volleyball (M&W)	16/01/2026	17/01/2026	Amala Medical College, Thrissur
2	Handball (M&W)-	20/01/2026	21/01/2026	GMC, Thiruvananthapuram
3	Cricket (W)	24/01/2026	27/01/2026	GMC, Kottayam
4	Kho-Kho (M&W)	29/01/2026	31/01/2026	GMC, Kozhikode
5	Shuttle Badminton (M&W)	02/02/2026	03/02/2026	KPS Menon Indoor Stadium, Ottapalam
6	Lawn Tennis (M&W)	05/02/2026	06/02/2026	Thrissur Tennis Club, Puzhakkal
7	Kabaddi (M&W)	08/02/2026	09/02/2026	GMC, Thiruvananthapuram
8	Football (M)	10/02/2026	13/02/2026	GMC, Kottayam
9	Basketball (M&W)	16/02/2026	18/02/2026	GMC, Kozhikode
10	Throw Ball (W)	20/02/2026	21/02/2026	Malabar Medical College, Kozhikode
11	Yoga (M&W)	23/02/2026	24/02/2026	GMC, Kottayam
12	Tug of War (M&W)	27/02/2026	28/02/2026	GMC, Kottayam
13	Football (W)	14/03/2026	18/03/2026	GMC, Kozhikode
14	Cricket(M)	21/03/2026	26/03/2026	GMC, Thiruvananthapuram
15	Chess (M&W)	28/03/2026	29/03/2026	P K Das Medical College, Ottapalam
16	Table Tennis (M&W)	30/03/2026	31/03/2026	Sree Gokulam Medical College, Thiruvananthapuram