

**KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR.**



**Report of 'Capacity Building Program for Health Science Faculty:  
Simulation and Skill Training Centre Orientation' for the Faculty of  
Ayurveda Colleges on 20<sup>th</sup>& 21<sup>th</sup> January, 2026**

**U.O No: 236/ 2025/ Schools and Centers/KUHS dtd.14/08/2025**

**Academic Staff College**

**Centre for Studies in Medical Simulation**

**January 2026**

**Dr.MercyP.J**

Associate Professor,  
Academic Staff College

## **I. Background**

The Academic Staff College under KUHS has conducted a one-day training program for the faculty of Ayurveda colleges affiliated to KUHS in the Simulation and Skill training center orientation on 20<sup>th</sup> & 21<sup>st</sup> January, 2026. The participants were grouped into two batches, and One-day training was provided to each batch.

## **II. Broad Objective**

To equip the Faculty of Ayurveda Colleges affiliated to Kerala University of Health Sciences with the skills necessary to provide Cardio-pulmonary Resuscitation (CPR). To orient different emergency management and first aid measures of the Medical emergencies.

### **Specific Objectives of the program**

1. To orient the clinical skill training and simulation facility of KUHS to the health science teachers of affiliated colleges.
2. To demonstrate the simulation training equipment in the clinical skill training Centre of KUHS to the health science teachers.
3. To introduce the setting and lay out of the simulation lab of KUHS to the health science faculty.
4. To equip the health science teachers with baseline knowledge to establish simulation labs in their colleges to train their students in various procedures and skills.

## **III. Beneficiaries**

Faculty of Ayurveda Colleges affiliated to Kerala University of Health Sciences with FEP Number is eligible to attend the program.

- Day 1: 22 participants
- Day 2: 20 participants

Total 42 Nos.

## **IV. Venue**

KUHS Skill Training Lab, 1<sup>st</sup> floor. KUHS head Quarters. Kerala University of Health

Sciences, Thrissur.

<b>Training program on Capacity building program for Faculty of Ayurveda Colleges affiliated to Kerala University of Health Sciences: simulation and skill training Centre orientation" on 20.01.2026</b>					
Sl.No	Current institution	Faculty Name			
1	Ahalia Ayurveda Medical College, Palakkad (AM001)	VIDYA G MOHAN			
2	Ahalia Ayurveda Medical College, Palakkad (AM001)	THANOOJA NAYANAR			
3	Ahalia Ayurveda Medical College, Palakkad (AM001)	ANOOPKUMAR C A			
4	Govt. Ayurveda College, Pariyaram,Kannur (AM002)	UNNIMAYA G M			
5	Govt. Ayurveda College, Pariyaram,Kannur (AM002)	ASWATHI G			
6	Govt. Ayurveda College, Pariyaram,Kannur (AM002)	SUMI S			
7	Govt. Ayurveda College, Thiruvananthapuram (AM003)	SUBINA S			
8	Govt. Ayurveda College, Thiruvananthapuram (AM003)	PRAVITH N K			
9	Govt. Ayurveda College, Thiruvananthapuram (AM003)	ANISHA A			
10	Govt. Ayurveda College, Thiruvananthapuram (AM003)	RAJINI P			
11	Govt. Ayurveda College, Tripunithura, Ernakulam. (AM004)	RESHMA P JOHN			

12	Govt. Ayurveda College, Tripunithura, Ernakulam. (AM004)	ANCY EMMANUEL			
13	KMCT Ayurveda Medical College, Kozhikkode (AM005)	DIVYA R. P			
14	Mannam Ayurveda Co-operative Medical College, Pandalam (AM006)	PRASANTH P			
15	PNNM Ayurveda Medical College, Shoranur (AM011)	AMRUTHA .C			
16	PNNM Ayurveda Medical College, Shoranur (AM011)	AJAY PAUL			
17	Vaidyaratnam Ayurveda College, Thrissur (AM014)	ROSE VARGHESE			
18	Vaidyaratnam Ayurveda College, Thrissur (AM014)	ANEESH M S			
19	Vaidyaratnam P S Varier Ayurveda College, Kottakkal, Malapuram (AM015)	DINESH K S			
20	Vishnu Ayurveda College, Shoranur (AM016)	RESHMA RAMAKRISHNA N			

**"Training program on "Capacity building program for Faculty of Ayurveda Colleges affiliated to Kerala University of Health Sciences: simulation and skill training Centre orientation" on 21.01.2026**

Sl.No.	Current institution	Faculty Name	Designation	Email ID	Mobile No
1	Ahalia Ayurveda Medical College, Palakkad (AM001)	SETHU R			
2	Ahalia Ayurveda Medical College, Palakkad (AM001)	SREEKUTTY P V			

3	Ahalia Ayurveda Medical College, Palakkad (AM001)	GANGA N			
4	Ahalia Ayurveda Medical College, Palakkad (AM001)	V DIVYASREE			
5	Ahalia Ayurveda Medical College, Palakkad (AM001)	BETSY BABY			
6	Govt. Ayurveda College, Tripunithura, Ernakulam. (AM004)	GEETHU MOHAN			
7	KMCT Ayurveda Medical College, Kozhikkode (AM005)	VIPIN P C			
8	KMCT Ayurveda Medical College, Kozhikkode (AM005)	NIBISHA C P			
9	KMCT Ayurveda Medical College, Kozhikkode (AM005)	AISWARYA PADMANABHAN			
10	PNNM Ayurveda Medical College, Shoranur (AM011)	NAJMA MANSOOR A P			
11	PNNM Ayurveda Medical College, Shoranur (AM011)	BALASREE R JEEVAN			
12	Santhigiri Ayurveda Medical College, Palakkad (AM012)	PADMANAYANA M			
13	Santhigiri Ayurveda Medical College, Palakkad (AM012)	MRUDULA . J			
14	Vaidyaratnam Ayurveda College, Thrissur (AM014)	ARUN B			
15	Vaidyaratnam Ayurveda College, Thrissur (AM014)	RADHIKA SATHEESAN			
16	Vaidyaratnam Ayurveda College, Thrissur (AM014)	NAVANEETH KRISHNAN N			
17	Vaidyaratnam P S Varier Ayurveda College, Kottakkal, Malapuram (AM015)	MAHALAKSHMI V S			
18	Vaidyaratnam P S Varier Ayurveda College, Kottakkal, Malapuram (AM015)	NEETHU K			
19	Vaidyaratnam P S Varier Ayurveda College, Kottakkal, Malapuram (AM015)	NAZEEMA P K			

20	Vaidyaratnam P S Varier Ayurveda College, Kottakkal, Malapuram (AM015)	PRATIBHA P NAIR			
21	Markaz Unani Medical College, Kozhikode	USMAN P M			
22	Markaz Unani Medical College, Kozhikode	SHARIK ALI			

### Schedule of the Program: 20-21/01/2026

SL.No	Time	Activity	Resource Persons
1	9:45 AM to 10: 00 AM	Registration	ASC Office
	10: 00 AM to 10:45AM	Welcome and introduction	Dr. V.V Unnikrishnan Director ASC
	10:45AM	Coffee break	
2	11:00 AM to 11:45 AM	General orientation to the simulation, Types of simulation	Ms. PresthenaLofi Research Fellow
3	11:45AM to 12:30 PM	Proposal development for Simulation Lab /Protocols of simulation labs and simulation ethics	Dr. Mercy PJ, Associate Prof ASC
4	12:30 to 1:00 PM	Orientation to simulation lab Infrastructure and maintenances of simulation Lab	Ms. PresthenaLofi Research Fellow/ Mr. Anjalo Sim Lab Technician
	1:00 PM to 2PM	Lunch	
5	2 PM to 3: 00 PM	Theory session CPR (BLS)	(Dr.Rajeev P.C 20/01/2026&Dr.Rajeev P.C21/01/2026)
6	3:00 to 4:30 Pm	Demonstration of procedure (CPR and Chocking)	Dr. Rajeev P.C 20/01/2026 &Dr. Rajeev P.C 21/01/2026) Mr. Anjalo
	4:30	Tea	
7	4:45 Pm to 5 PM	Feedback .	Dr. V.V Unnikrishnan Director ASC  Dr. Mercy PJ Associate Prof ASC

#### **List of Resource Persons**

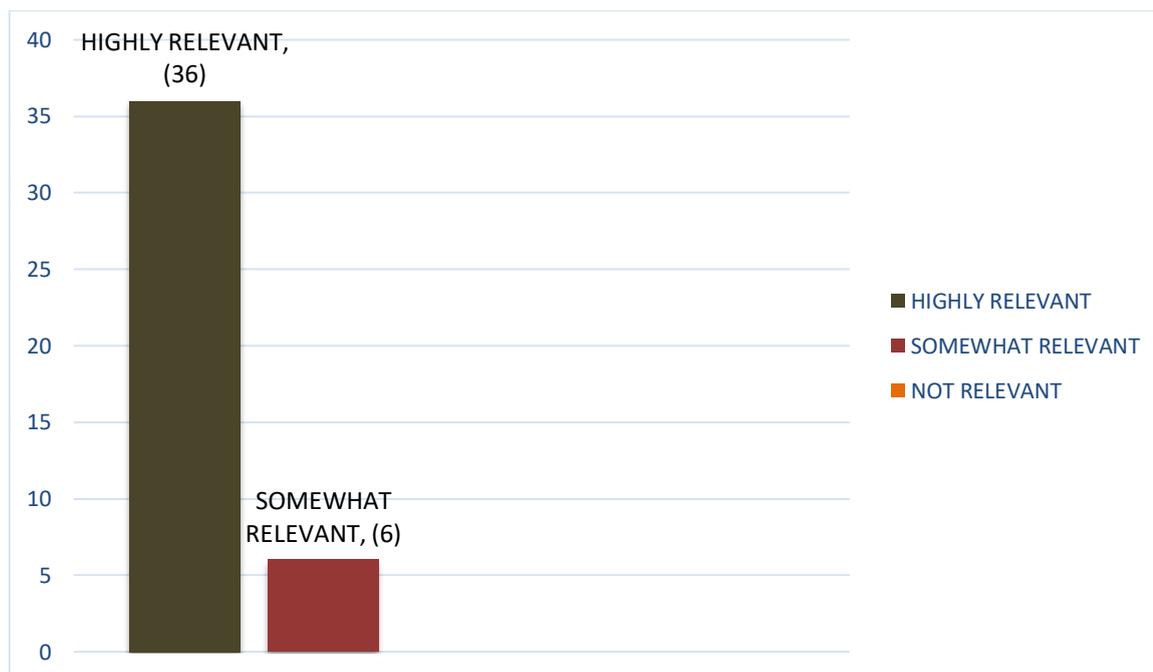
1. Dr. V V. Unnikrishnan, Professor & Director, Academic Staff College
2. Dr, Mercy P J, Associate Professor, Academic Staff College
3. Dr. Rajeev PC, Department of Emergency Medicine, Jubilee Mission Medical College
4. Ms. Presthena Lofi, Research Fellow, KUHS

5. Mr. Anjalo P P, Simulation Lab Technician, KUHS

## Feed Back Analysis

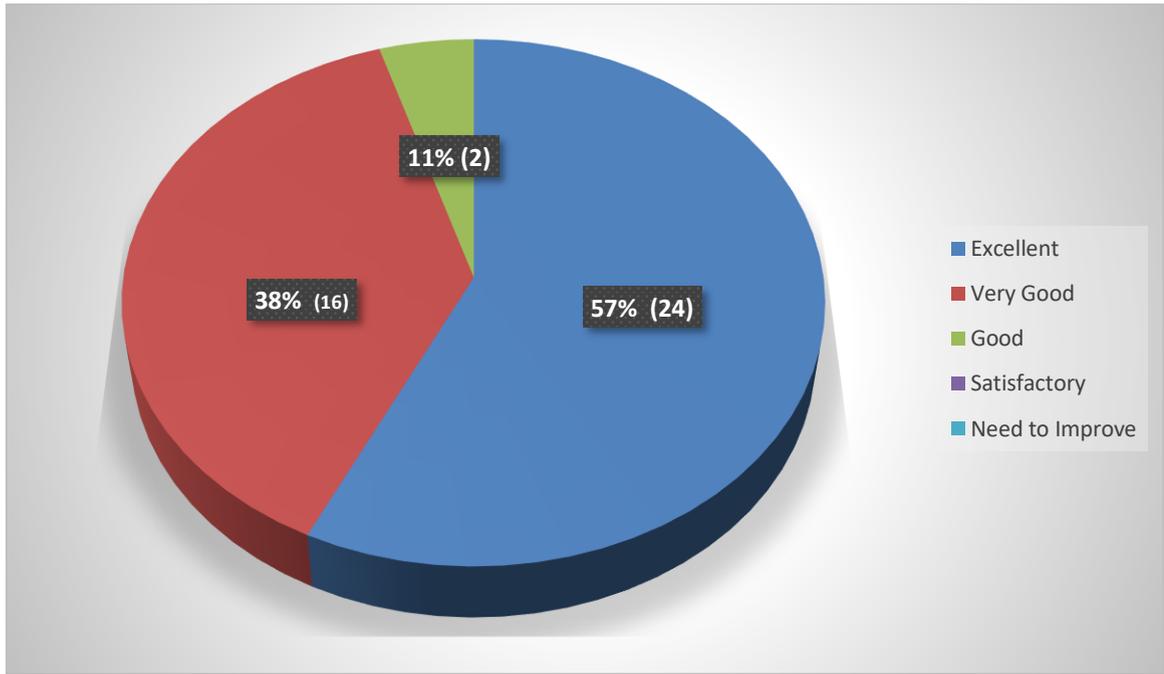
### 1. Relevance

N=42



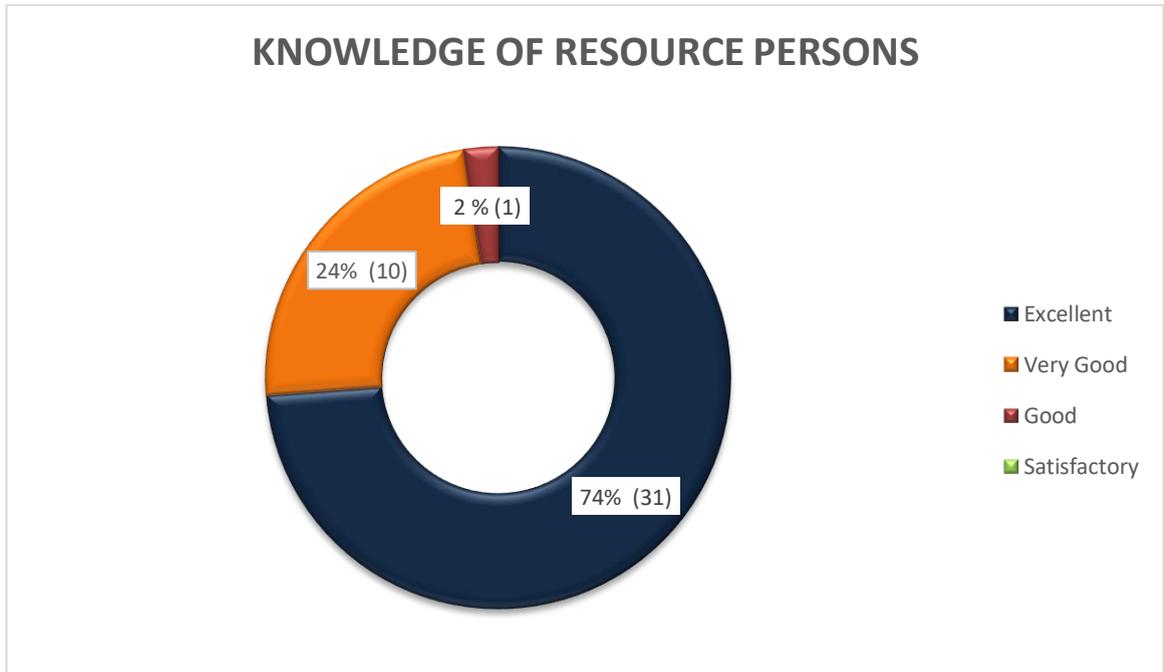
### 2. Content of Program

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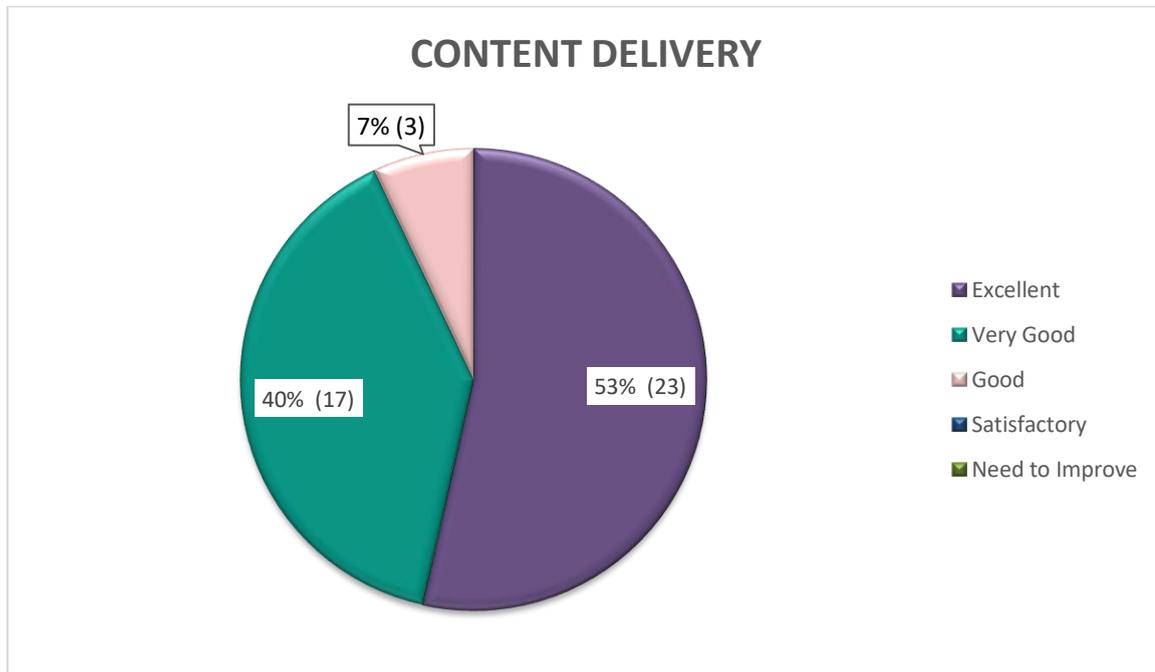
**3. Knowledge of Resource Persons**

**N=42**



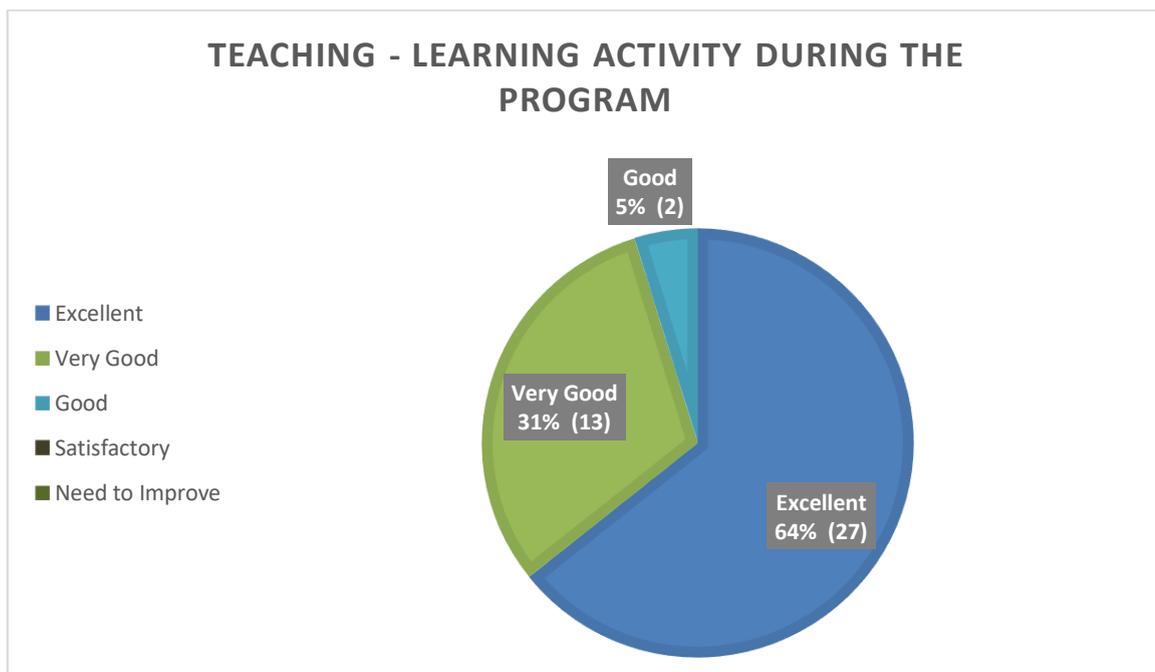
#### 4.Content Delivery

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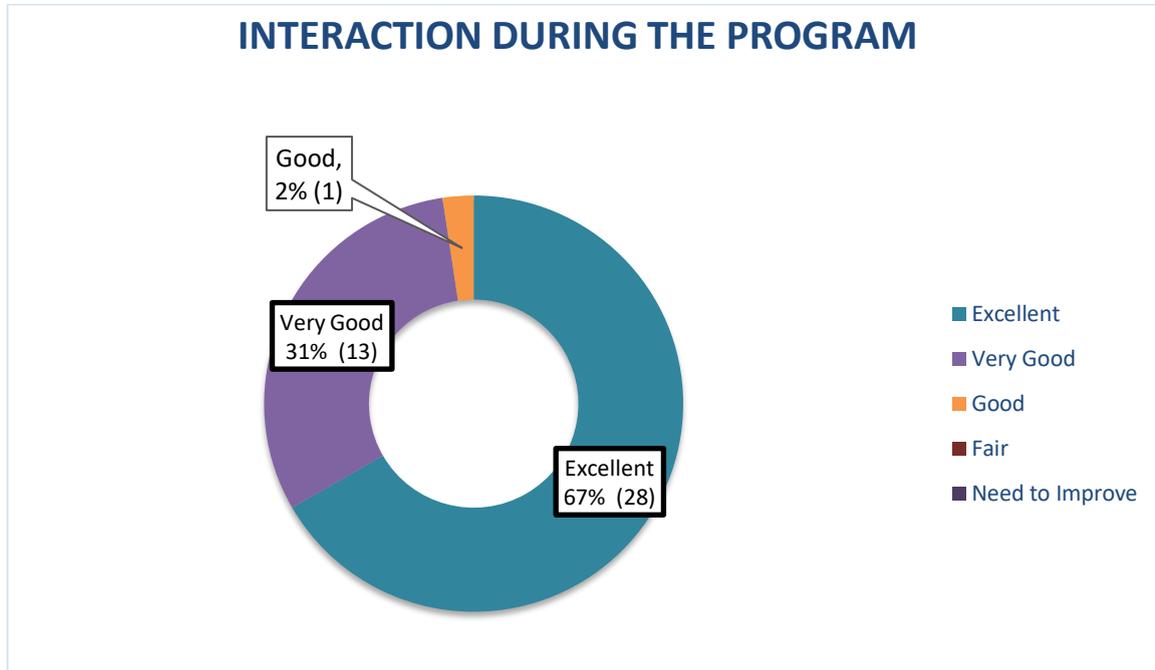
#### 5.Teaching - Learning Activity During the Program

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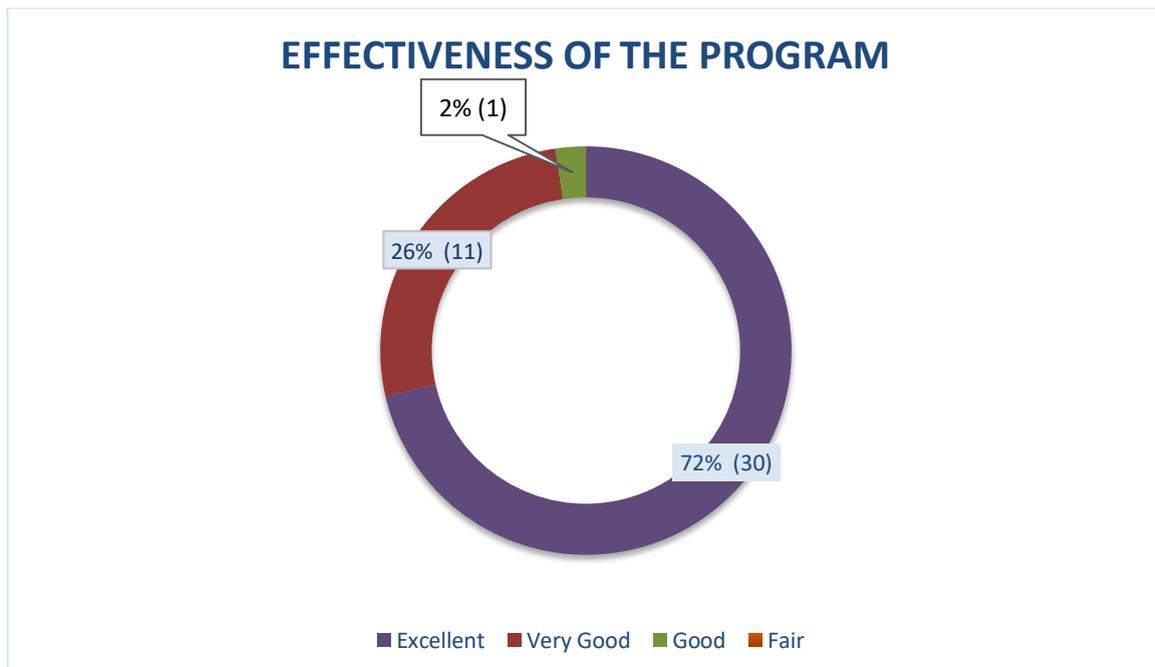
## 6. Interaction During the Program

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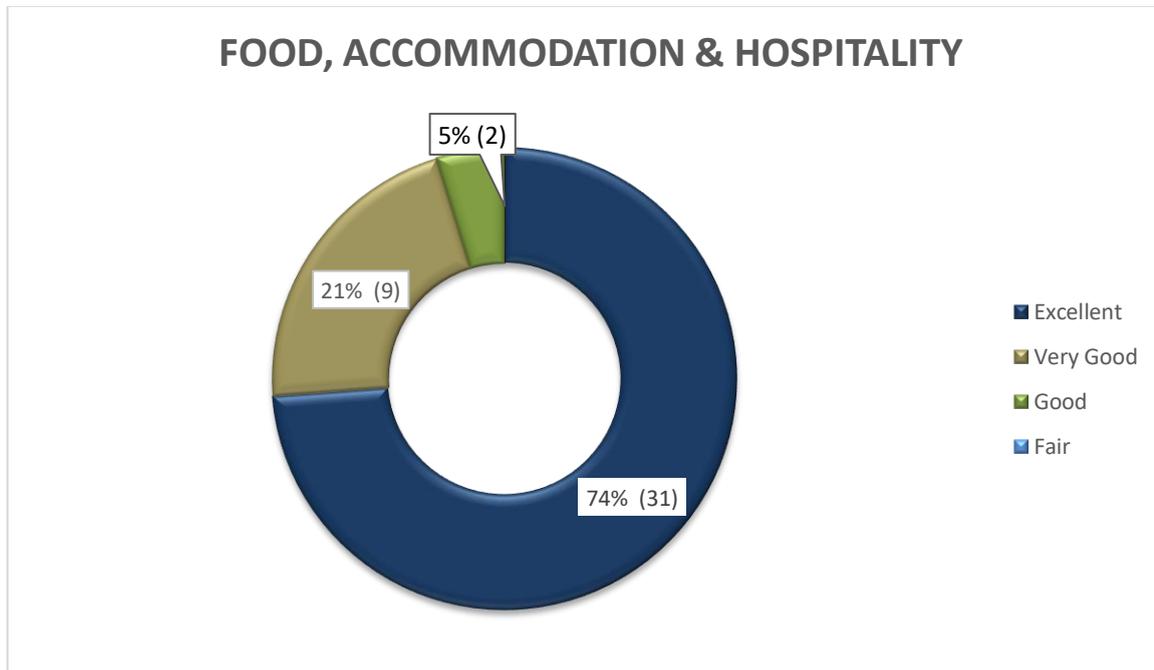
## 7. Effectiveness of the Program

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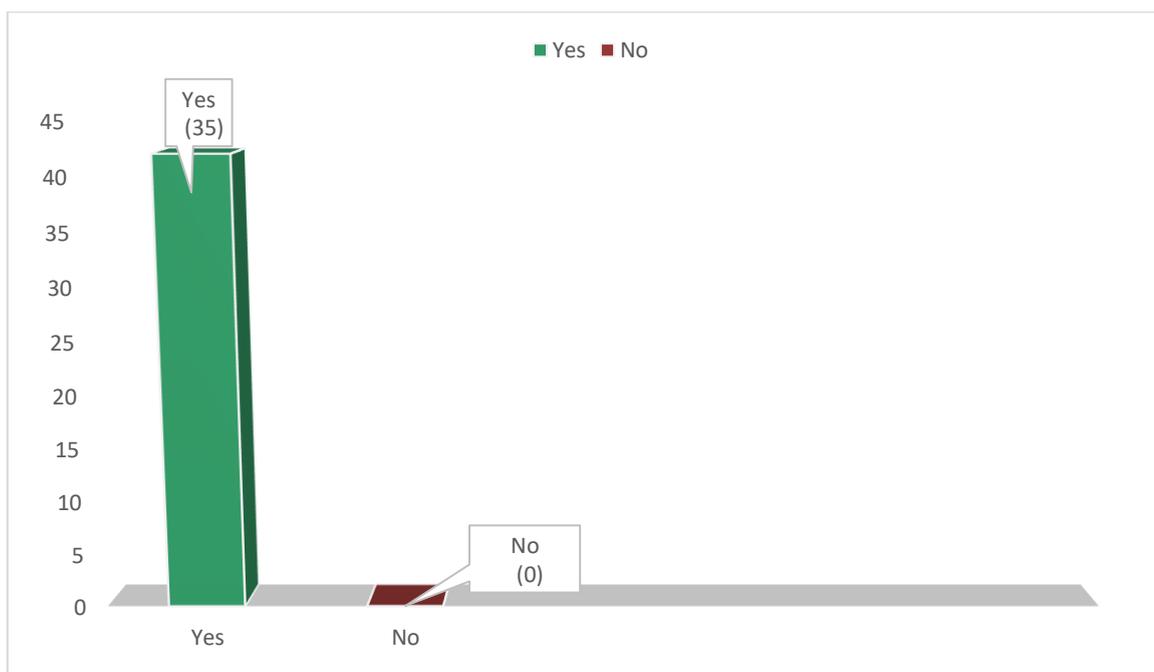
## 8. Food, Accommodation & Hospitality

N=42



## 9. WOULD YOU RECOMMEND THIS PROGRAM TO A COLLEAGUE?

N = 42



**Glimpses Of The Program**







**Conclusion:**

The one-day program successfully concluded each day at 5:00 PM. Participants provided valuable feedback and suggestions regarding the program. They learned about the excellent facilities available in the KUHS simulation lab. E-certificates were issued, and PPT, along with group activity materials, were distributed to each group.

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