



KERALA UNIVERSITY OF HEALTH SCIENCES

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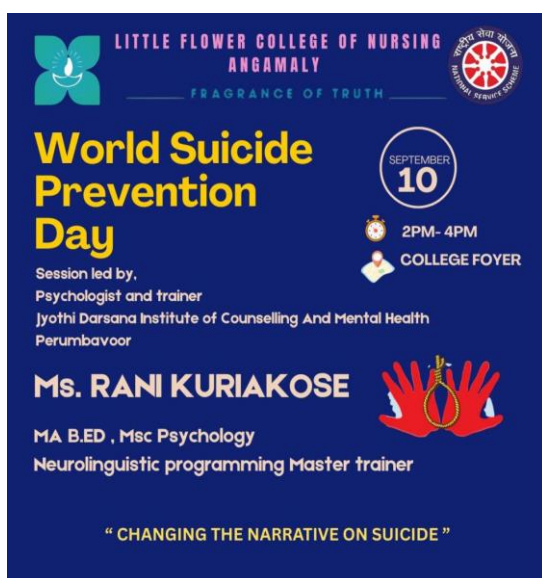
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Date: 19/09/2025

LITTLE FLOWER COLLEGE OF NURSING, **ANGAMALY**

Sl. No	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of hours performed	Achievement to the beneficiaries by the programmes
1	10/9/2025	Word Suicide Prevention Day (Awareness Seminar)	75	2hrs	As a part of NSS Little Flower College of Nursing,Angamaly organized World Suicide Prevention Day on 10 th September 2025 at 2pm to 4pm with the aim of spreading awareness about mental health, reducing the stigma around suicide and encouraging support for individuals in distress. The theme of this year 'Changing the Narrative', emphasized the importance of fostering hope, understanding and empathy. The Programme commenced with an

				inagural address by Prof.Dhanya M(Principal,Little Flower College Of Nursing,Angamaly),highlighting the growing concern of suicide among youth and the role of society in prevention.This was followed by an awareness talk delivered by Ms.Rani Kuriakose(Psychologist and trainer)who explained the warning signs of suicidal behaviour,coping strategies and the need for timely intervention.The programme concluded with a pledge by all attendees to support one another,listen without judgement and work together in creating a suicide free society.
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SARASWATHY COLLEGE OF NURSING

Theme: “Invest in Breast Feeding, Invest in Future”.

As part of celebrating world breast feeding week celebration, the NSS volunteers of Saraswathy College of Nursing conducted awareness programmes at government hospital Neyattinkara and government hospital Parassala. World breast feeding week support women and babies need from the health care system through their breast feeding journey.

The NSS volunteers of Saraswathy College of Nursing conducted health teachings regarding breast feeding, its importance, technique, benefits; ways for promoting breast feeding among working mothers. The health teaching was very effective in promoting breast feeding.



AZEEZIA COLLEGE OF DENTAL SCIENCES **AND RESEARCH, KOLLAM**

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	13/9/2025	ORAL SCREENING CAMP	4	4	The Oral screening camp was beneficial for the general public. All the participants were given awareness about the basic oral hygiene practice as well as tooth brushing techniques.

Brief Description of the activity with photographs if any:-

The Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research in association with Azeezia Medical College organized an Oral screening camp at Juma Masjid, Anchal, Kollam on 13.9.2025. The camp was organized by the authorities of Azeezia Medical College. The camp started at 10 am and it concluded at 2.30pm.

Oral screening was done for 21 patients. Out of 21 patients, 5 of them were advised for restoration, 8 of them were advised scaling, 4 of them were advised extraction, 2 of them were advised for orthodontic treatment and 2 of them were advised for pedodontic treatment.



LITTLE LOURDES COLLEGE OF NURSING, **KIDANGOOR**

Sl No	Date	Activity conducted	No of participants	No of hours	Achievement by the programme including beneficiaries
1	25/8/2025	Eye Donation Fortnight Celebration	40	2	Eye Donation Fortnight Celebration was conducted at St.Mary's Knanaya Church in collaboration with CHC Koodallore &NSS higher Secondary School Kidangoor at 10am.It was inaugurated by Smt. Prem Latha Prem Sagar, District Panchayat President. Awareness classes were led by Dr.Siji Varghese, Block Medical Officer, CHC Koodallore, Sri.Aji K.K Health Supervisor CHC Koodallore and other outstanding personalities .Educational skit was performed by the NSS volunteers. Programme ended at 11.30am.
2	10/9/2025	Snehasparsham, Kummannoor.	40	2	Health checkups &awareness classes were conducted on Self Breast Examination at Snehasparsham, Kummannoor

				with various services like blood check-ups, medial consultation and follow ups, utilization of library. 14 clients including staff and students of Bud's school from the adopted village, Kummannoor participated in the programme with active involvement.
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Eye Donation Fortnight Celebration



Snehasparsham, Kummannoor



SANTHI COLLEGE OF NURSING, CALICUT

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	30/8/25	Teachers Day	200	1 HR	Teachers, IWT trust members, staffs NSS volunteers and students
2	10/9/25	Commemoration day -Dr. Anzer N	50	2 hr	NSS volunteers and staff

1. Teacher's Day

Teacher's Day celebrated at Santhi College of Nursing on 30/8/25 along with Onam celebration. Dr. Pramod Sameer (Social activist & Teacher Chennamangalur HSS) inaugurated the function and he pointed the role of teachers in the current world and how they cultivating students. He mentioned the problems and stress faced by the teachers now and they can overcome it. Mr. Ahammed Kutty (Manager Santhi Academy) presided the meeting and pointed the dedication and team work of the faculty. Mr. Jasim M K (A O Santhi Academy) mentioned that Teachers' Day is a special day for the appreciation of teachers. It may include celebrations to honour them for their special contributions in a particular field area, or the community tone in education. Students expressed their gratitude and love to teachers by their words and gift. Dr. Sheeja Mathew (Principal, Santhi CON) addressed the audience and proposed vote of thanks for arranging the ceremony.



2. Commemoration day –

Commemoration Day of Dr. Anzer N (Kerala State NSS Officer) is arranged on the college and NSS volunteers participated. Mrs.Nisha Jaison (lecturer SCON) recollected his activities to improve NSS and how he was encouraging NSS Pos and volunteers to reach the goals. They done 1 min silent prayer for him.



JDT ISLAM COLLEGE OF NURSING, **KOZHIKODE**

MEGA MEDICAL CAMP AND ONAM CELEBRATION – 31/08/25

The NSS unit of JDT Islam College of Nursing associated with IQRAA International hospital, Medical and Surgical Nursing department, Trinity Eye hospital and Kuruvattoor Grama Panchayath 15th ward organized Mega Medical camp and Onam celebration for the adopted village. Honourable minister A.K Saseendran (minister for forest and wild life) inaugurate the function and A.Saritha (kuruvattoor panchayath president) was the chief guest. Our NSS volunteers actively participated on the occasion.



DR.JOSEPH MAR THOMA INSTITUTE OF PHARMACEUTICAL SCIENCES & RESEARCH, KATTANA

Sl. No.	Date	Name of the activity conducted	No. of participants	Total Hours spend	Achievement by the program including Beneficiaries
1	15-08-2025	Independence day	200	3hr	Naya Bharat aims to inspire every citizen to contribute to a bold, ambitious, and united India, fostering pride, unity, and a sense of responsibility

INDEPENDENCE DAY 15th AUGUST 2023

The management of St. Thomas mission hospital and college unit of Dr Joseph Mar Thoma Institute of Pharmaceutical science celebrated 78th independence day. The administrative Rev. Joseph Varghese addressed the gatherings and flag hosted by Dr K P Mathew, director board member of St. Thomas mission hospital. Independence day programmes and events will be based on the theme Naya Bharat. And program ended up by National anthem. Distributed sweets to all participants.



Sl. No.	Date	Name of the activity conducted	No.of participants	Total Hours spend	Achievement by the program including Beneficiaries
1	28-07-2025	World Hepatitis Day	150	3hrs	theme is Hepatitis: Let's Break It Down This theme emphasizes the need to dismantle the financial, social, and systemic obstacles that hinder efforts to prevent, diagnose, and treat viral hepatitis and eliminate it as a public health problem.

World Hepatitis Day

The management of college, NSS was combined to celebrate World Hepatitis Day on July 28th 2025. Program was started with a prayer song done by final year students. Welcome speech by Dr. Subash Philip, vice principal. Inaugural program was held by taking awareness classes and also sharing some experiences by Dr. Selvakumar, HOD in Pharmaceutical chemistry. Program included staff and students. And also took feedback from students and staff. Mr. Arun G. Krishnan, Associate Professor in Pharmaceutics, discussed with the further session. Program was ended with National Anthem.



THE DALE VIEW COLLEGE OF PHARMACY, **TRIVANDRUM**

Sl. No.	Date	Name of the activity conducted	No. of participants	Total Hours spend	Achievement by the program including Beneficiaries
1.	22/8/25	TRAINING ON ADR DETECTION AND PATIENT COUNSELLING	30	3hr	Early detection prevents serious complication , death and educated patients can identify and report unusual symptoms
2.	10/9/25	HANDS ON TRAINING ON FIRST AID	56	4hr	The main goal is to preserve life, prevent the condition from worsening.
3.	10/9/25	AWARENESS SESSION ON WORLD SUICIDE PREVENTION DAY	60	2hr	Reduce stigma around mental health and suicide.
4	15/9/25	INTERACTIVE SESSION WITH TENZIN CELON	55	1hr	To create awareness on social issues such as education, gender equality, health and human rights

TRAINING ON ADR DETECTION AND PATIENT COUNSELLING

The NSS unit of The Dale View College of Pharmacy and Research Centre organised a training on ADR detection and patient counselling in association with PRAN hospital, anayara. The session focussed on omportance of patient counselling and ADR detection in improving treatment adherence and helth outcome. The resource person highlighted that effective patient counselling not only improves patient satisfaction but also reduces risk of medication errors.



THE DALE VIEW
COLLEGE OF PHARMACY & RESEARCH CENTRE
AUTONOMOUS

RECOGNIZED UNDER SECTION 2(F) OF THE UGC ACT 1956 ACCREDITED BY NAAC AND ISO 9001:2015 CERTIFIED INSTITUTION

APPROVED BY: DME AFFILIATED TO: ACCREDITED BY: ISO CERTIFIED

**NATIONAL SERVICE SCHEME
IN ASSOCIATION WITH
PRAN HOSPITAL ANAYARA**

“Hands on training on First Aid”

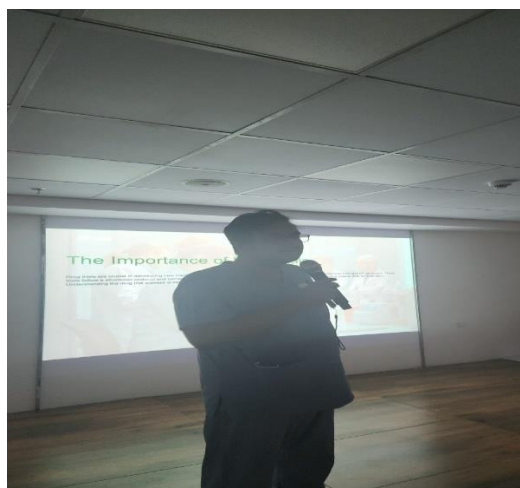
ACTIVITIES

- Training on ADR dedication
- Training on patient councc

PRAN HOSPITAL

August 22nd 2025
10:30 am

NATIONAL SERVICE SCHEME



HANDS ON TRAINING ON FIRST AID

The NSS unit of the Dale View College of Pharmacy and Research Centre in association with divisional Railway hospital, Pettah successfully conducted a hands on training on basic life support.

The initiative aimed to equip students with essential emergency response skills and practical exposure to life saving techniques. Session was highly interactive and provided students with the opportunity to practice critical skills under expert guidance.

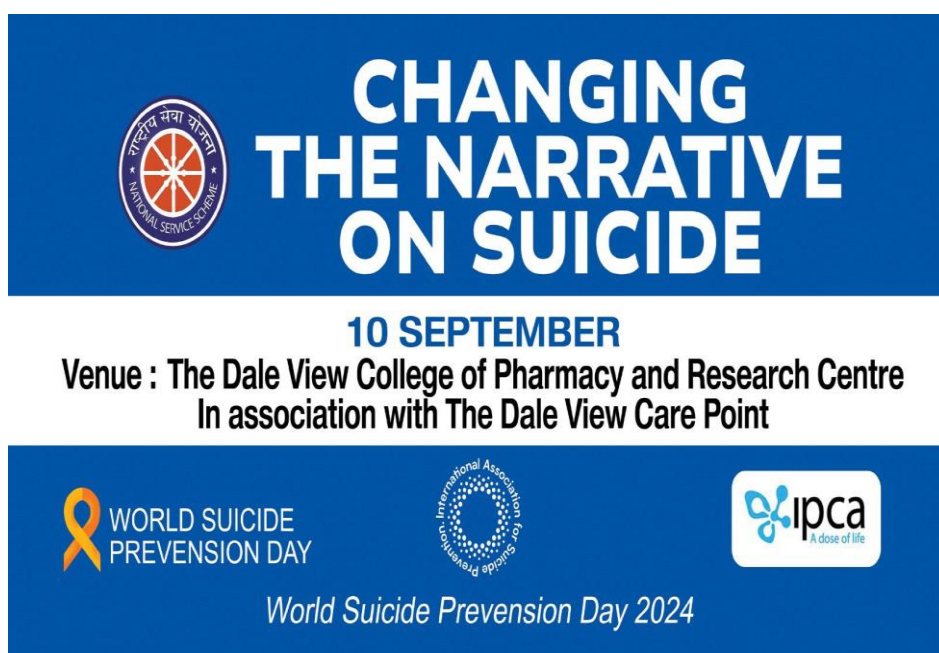
The training not only enhanced their clinical preparedness but also emphasises the importance of timely intervention in saving lives.



AWARENESS SESSION ON WORLD SUICIDE PREVENTION DAY

The NSS unit of The Dale View College of Pharmacy and Research Centre organized an awareness talk on suicide prevention day, the session was handled by Dr Sini , who highlighted the importance of recognizing early warning signs, offering timely support, and breaking the stigma around mental health .

Students actively participated in the discussion , gaining valuable insight in preventing suicide tendency.



INTERACTIVE SESSION WITH TENZIN CELON

The NSS unit of The Dale View College of Pharmacy and Research Centre organized an interactive session with Tenzin Celon, social reformer. The session was highly engaging and insightful, focusing on youth empowerment, leadership, mental health awareness, social responsibility. Tenzin shared valuable experience and perspectives that inspired the students to actively contribute towards community service.



AMALA COLLEGE OF NURSING, THRISSUR

Sl. No.	Date	Activity Conducted	No. of Participants	No. of Hours	Achievement by Programmes including Beneficiaries
1	17/08/2024	Blood Donation Camp – Ripples of Hope at Kaattilapoovam	36 donors	4 hrs	Strengthened blood bank services; mobilized community donors.
2	28/07/2025	Entrepreneur's Day	50	1	To explore entrepreneurship as a career option

3	30/08/2025 to 5/09/2025	NSS special Camp	50	7 days	Stay camp
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1. RIPPLES OF HOPE – BLOOD DONATION CAMP REPORT

Place: Kaattilapoovam, Thrissur

Date: 17/08/2024

No. of Donors: 36

Sunday Saviours: Ms. Hudha N. M. and Ms. Mary Theresa (2023 Batch)

As part of the *Ripples of Hope* initiative under the NSS Unit of Amala College of Nursing, a voluntary blood donation camp was organized at Kaattilapoovam in collaboration with the Blood Bank of Amala Institute of Medical Sciences. The camp witnessed the wholehearted participation of **36 donors**, who came forward to contribute to this noble cause.

The **Sunday Saviours**, Ms. Hudha N. M. and Ms. Mary Theresa from the 2023 batch, diligently supported the program by coordinating donor registration and assisting throughout the process. The event once again highlighted the commitment of the NSS Unit to spread awareness and encourage voluntary blood donation in the community.



2. NSS special Camp (Separate camp report will be sending later)

Place: OIET PUBLIC SCHOOL

Date: 30/08/2025 TO 5/09/2025

The NSS Unit of Amala College of Nursing organized a 7-day special camp at OIET Public School, Njalikkara, Thrissur, from 30th August to 2nd September 2025 with the theme “ലഹരി മുക്ത നാളെയ്ക്കായി യുവകേരളം”. The camp was inaugurated under the guidance of Principal Dr. Prof. Rajee Reghunath and included activities such as health surveys, a medical camp, blood donation, the Snehamam scheme in association with Suchithwa Mission, plastic waste collection, value education sessions, public awareness programmes through flash mobs and health education on drug addiction and cleanliness, and cultural activities. A life-saving skill session by the NSS Programme Officer was a major highlight, and the camp concluded with a campfire and valedictory function.

3. Report on Entrepreneur's Day

Amala College of Nursing, in collaboration with IQAC, Institution Innovation Council (an initiative of the Ministry of Education), and IEDC Kerala Startup Mission along with NSS volunteers, organized Entrepreneur's Day on 28th August 2025 at Lecture Hall – 1. The program was held from 3:00 pm to 4:00 pm with the objective of inspiring students to develop an entrepreneurial mindset and understand the real-life challenges and opportunities in the business world.

The session commenced with a welcome address by Ms. Seena A. F, Lecturer, Amala College of Nursing. In her speech, she extended a warm welcome to the expert speaker, faculty members, and students, and emphasized the importance of entrepreneurial skills in today's competitive environment. She also highlighted how initiatives like IIC and IEDC guide students towards innovation and leadership.

The expert speaker of the day was Mrs. Keerthy Denny, Entrepreneur, D C Group Gold & Diamonds. Through her insightful talk, she shared her journey as a successful woman entrepreneur in the jewelry industry. She spoke about the determination and hard work required to build a business, the value of customer trust, and the role of innovation in sustaining growth. She also motivated students by encouraging them to identify their unique talents and convert challenges into opportunities. Her real-life experiences and practical advice made the session highly engaging and inspiring for the students.

The audience interacted enthusiastically with Mrs. Keerthy, asking questions about entrepreneurship, balancing risks, and strategies for business development. The session thus provided an excellent platform for students to gain a deeper understanding of entrepreneurship beyond textbooks.

The program concluded with a vote of thanks delivered by Ms. Christeena Sunil, Second Semester B.Sc. Nursing Student. She expressed heartfelt gratitude to the speaker for her valuable time and inspirational talk, to the organizers for their efforts in planning the program, and to the students and faculty members for their active participation.

The event was a great success, leaving the students motivated to explore entrepreneurship as a career option. It also strengthened the vision of the Institution's Innovation Council in nurturing innovative thinking, leadership qualities, and a spirit of self-reliance among students.



KMCT COLLEGE OF PHARMACY, KUTTIPPURAM

On the occasion of *World Senior Citizen's Day*, organized an outreach program for senior citizens on 23rd August 2025.

The program was aimed at expressing respect, care, and gratitude towards the elderly, while creating a joyful and interactive environment.

Activities Conducted:

- Various **games** were conducted for the senior citizens to engage them actively and bring joy.
- **Cultural performances** by the students, including songs and dance,

entertained the residents and created a festive atmosphere.

- Students interacted with the inmates, listened to their experiences, and shared moments of companionship.

Contributions by Students:

- Essential **food items** were provided as part of the support activity.
- **Basic amenities** were handed over for the use of the residents.
- **Medications (without prescription drugs)** were supplied for general health care.

The event concluded with an expression of gratitude from the care home authorities, appreciating the efforts of the students in making the day memorable for the residents. The program not only celebrated the occasion but also sensitized the students towards the social responsibility of caring for the elderly.



NANGELIL AYURVEDA MEDICAL COLLEGE, **KOTHAMANGALAM**

N.S.S MONTHLY ACTIVITY REPORT FROM 16/08/25 TO 15/09/25

Monthly activity report of activities conducted in association with N. S. S. unit 4 of Nangelil Ayurveda Medical College, Kothamangalam is mentioned below.

Programmes conducted

1. August 15 – Independence day (Sports events conducted from 15/08/25 to 31/08/25)
2. August 29- National Sports Day (sports events conducted from 29/08/25 to 31/08/25)
3. September 13 – Free medical camp associated with adopted ward

Date: 13/09/25

Time: 9 am -1 pm

Venue: Nangelil Ayurveda Medical College Hospital, Kothamangalam.

A free medical camp was conducted at Nangelil Ayurveda Medical College Hospital for the residents of adopted ward 8 of Nellikkuzhy Grama Panchayath. All the speciality OP consultations were available for the camp. About 124 patients attended the camp. Free medicine kit for 10 days was given. The patients were advised to take review after 10 days. Swarnaprasana was also given to 13 children in association with the camp.

Date : 29/08/2025

Venue:Nangelil Ayurveda Medical College campus

As per the directives from the Ministry of Youth Affairs and Sports, in association with National Sports Day, the NSS Unit - 4 and the Aidika Student Council of Nangelil Ayurveda Medical College conducted sports activities from 29th to 31st August 2025.

Fun and competitive games were organised for students to participate. Events conducted were Thug of War, Badminton, Pithu. About 50 students actively participated in the games. Details of events conducted was uploaded in the Fit India Website and the college received a certificate for participation. The events

encouraged students to participate in sports and games, developing their life skills and reducing stress.



Independence Day sports events

The Kerala University of Health Sciences directed all affiliated institutions to observe the Independence Day celebrations in a befitting manner with due respect and enthusiasm. Following the circular, Nangelil Ayurveda Medical College in association with NSS Unit -4 and Aidika student council conducted the Independence Day programme with active participation from students, staff and faculty.

The celebration began with the hoisting of the National Flag by the Principal. A short Independence Day message was delivered by various faculties and student representatives, highlighting the sacrifices of our freedom fighters and the importance of unity and responsibility in nation building. The meeting concluded

by the singing the National Anthem. The official inauguration of Independence Day sports events was done on the same day.

Various sports events were organized from 15/08/25 to 31/8/25 to promote teamwork, discipline, and healthy competition among students.

The events included:

Throw Ball (Women's)

Football (Men's)

Table Tennis (Singles)

Carroms

Chess

The vibrant participation of students created an atmosphere of joy and togetherness, reflecting the true spirit of Independence. The programme concluded with a vote of thanks, acknowledging the contributions of all who made the event a success.



DR. SOMERVELL MEMORIAL CSI MEDICAL COLLEGE

Sl. No.	Date	Name of activity conducted	No. of participants	Total hours spend	Achievement by the program including beneficiaries
1.	22.08.2025	Vanitha junction programme	20	1 hour	The NSS unit actively participated in the Vanitha Junction- Vanitha Theatre Programme by Kunnathukal Grama Panchayat. Volunteers contributed through cultural performances and awareness activities, promoting women empowerment and social participation. The programme enhanced community awareness and highlighted the importance of women's role in society.

1.VANITHA JUNCTION PROGRAMME

The NSS unit participated in the Vanitha Junction – Vanitha Theatre Programme organized by Kunnathukal Grama Panchayat on 22nd August 2025 at the Kunnathukal Junction. The programme was part of the Jwala Scheme for the year 2025–2026, focusing on women's empowerment, self-reliance and cultural development.

The programme was inaugurated by Smt. G. R. Anil, Hon. Minister for Food and Civil Supplies, Government of Kerala. Smt. Gayathri Vardhan, President of Kunnathukal Grama Panchayat, presided over the function. The

inaugural session highlighted the importance of empowering women through awareness, cultural expression and community support.

As part of the cultural segment, Ms. Gaayika of 2022 MBBS Batch and Dr. Anagha performed two songs that conveyed messages of unity and empowerment, which were warmly appreciated by the audience. Various awareness sessions and cultural performances were also held, making the event lively and meaningful.

The programme successfully created awareness among the community regarding women's rights, participation and empowerment. The active involvement of NSS volunteers contributed to the smooth conduct and success of the programme.



VAIDYARATNAM AYURVEDA COLLEGE, **OLLUR**

Sl. No.	Date	Name of the activity conducted	No.of participants	Total Hours spend	Achievement by the program including Beneficiaries
1	23/08/2025	Nattukoottam	200	1 hour	The program helped spread scientific and social awareness about HIV/AIDS among the general public, students, and health workers.
2	23/08/2025	Arts and Sports fest	200	4 days	The event aimed to provide a platform for students to showcase their talents, creativity and cultural spirit while fostering unity and enthusiasm within the campus.
3	29/08/2025	Cultural fest (Onam celebration)	100	1	The event reflected the rich cultural tradition of Kerala

Report on HIV Awareness Program

Venue: Wayanad Natukootam College Auditorium Date & Time: August 23, 2025, 11:00a.m.

Organized by: AIDS Control Society & NSS Unit of Ollur Vaidyaratnam Ayurveda College

An HIV awareness program was successfully conducted at the Wayanad Natukootam College Auditorium on August 23, 2025, under the joint initiative of the AIDS Control Society and the NSS Unit of Ollur Vaidyaratnam Ayurveda College. The program was inaugurated, who emphasized the importance of awareness and preventive measures in controlling HIV/AIDS. Following the inauguration, NSS student representative Raj Mohan delivered a felicitation speech, highlighting the role of youth in spreading awareness and supporting community health initiatives. The event saw active participation from the general public, medical professionals, students, and staff. In total, nearly 200 participants attended, making the program a resounding success. The session helped spread valuable information about HIV prevention, stigma reduction, and community responsibility, ensuring that the message reached a wider audience.



Report on Arts and Sports Fest 2025

Organized by the Arts and Sports Committee Venue: Vaidyaratnam Ayurveda College Date: 23rd August - 27th August 2025

The Arts and Sports Committee of Vaidyaratnam Ayurveda College successfully organized a 4-day Arts and Sports Fest from 23rd August to 27th August 2025. The event aimed to provide a platform for students to showcase their talents,

creativity, and cultural spirit while fostering unity and enthusiasm within the campus.

The fest was inaugurated by Dr. Anju K.P., Principal of the Ayurveda College with a formal ceremony, followed by a variety of competitions and cultural programs. Students actively participated in events such as music, dance, drama, literary competitions, and fine arts. The evenings were filled with vibrant cultural performances that highlighted both traditional and modern art forms.

The Arts Committee, along with faculty members, coordinated the programs efficiently. Volunteers and student representatives played a vital role in managing the events and encouraging active participation. Throughout the 4 days, the college campus was vibrant with cultural energy and student interaction. The fest not only provided entertainment but also promoted teamwork, leadership, and creative expression among the students. The Arts and Sports Fest 2025 concluded on 27th August with a valedictory function and prize distribution ceremony, appreciating the efforts and achievements of the participants. The event was a grand success and leftlasting memories for the entire college community.



Report on Cultural fest (Onam Celebration)

The Onam festival was celebrated with great enthusiasm at Vaidyaratnam Ayurda college on 29th August under the coordination of the Cultural program Committee. The program witnessed active participation of both students and faculty, making the occasion memorable. A beautifully arranged Pookkalam decorated the college premises, symbolizing prosperity and unity. The highlight of the day was the traditional Onam Sadhya, served on banana leaves, which brought everyone together in a spirit of joy and togetherness. To add liveliness and excitement, traditional games such as Vadam Vali (tug of war) were

organized, encouraging teamwork and healthy competition. The event highlighted Kerala's rich cultural heritage and created a spirit of unity and joy.



BABY MEMORIAL COLLEGE OF NURSING **KOZHIKODE**

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1.	17/08/2025	Medical camp	30	5	Received specialized consultation services.
2.	21/08/205	Dental Screening Camp	5	4	Received dental health services and

					gained information on dental hygiene.
3.	26/08/2025	Awareness session on Menstrual cup	10	1	Gained information about menstrual cup.

1.REPORTONMEDICALCAMP

On 17/08/2025, the NSS unit of **Baby Memorial College of Nursing (BMCON), Kozhikode**, in collaboration with **Baby Memorial Hospital** and **Mazhavil Swayam Sahayaka Sangham, Balussery**, organized a **medical camp** at *Lekshmi Mess House, Kairali Road, Balussery, Kozhikode*.

The camp commenced with an introduction by **Mr. Ajith N**, President of Mazhavil Swayam Sahayaka Sangham, who also co-ordinated the event. **Mr. Vijesh**, Senior Civil Police Officer & Secretary of Mazhavil Swayam Sahayaka Sangham, delivered the welcome address. The program was inaugurated by **Ms. Roopalekha Kombilad**, Panchayat President, Balussery. Felicitations were offered by **Mr. U.K. Vijayan**, Ward Member, and **Prof. Bindu S**, HOD, Department of Community Health Nursing, BMCON. The session concluded with a vote of thanks delivered by **Ms. Janaki**, Member of Mazhavil Swayam Sahayaka Sangham, Balussery.

Services provided during the camp included:

- Specialist consultations in **Gynecology, Orthopedics, and General Medicine**
- **Exhibition on alcoholism and substance abuse**
- **Screening for Diabetes Mellitus and Hypertension**
- **Demonstration of exercises for the elderly**

Nearly **148 people** benefitted from the camp. The program began at **9:30 a.m.** and concluded at **2:00 p.m.**



REPORT ON DENTAL SCREENING CAMP

A Dental Screening Camp was organized by Baby Memorial College of Nursing in collaboration with Sree Anjaneya Institute of Dental Sciences, Ulliyeri , Kozhikode on 21st August 2025 at the BMH Academy Auditorium from 10:30 am to 2:00 pm.

The camp aimed at assessing the oral health status among students and staff of BMH Academy, promoting awareness on dental hygiene, and facilitating early detection of dental problems.

A total of 452 students of BMH Academy were the beneficiaries of this programme. The students and staff underwent screening for common dental issues such as cavities, gum diseases, malocclusion, oral hygiene status, etc. Individual advice regarding maintenance of oral health and the importance of regular dental check-ups was provided.

The camp was successfully conducted with the joint efforts of the faculty and students of both institutions. The programme created awareness among the students about the significance of oral health in overall well-being and motivated them to adopt healthy practices.



Report on Menstrual Cup Awareness Class

On 26th August 2025, the NSS Unit of Baby Memorial College of Nursing (BMCON) in collaboration with the Department of Obstetrics and Gynecology organized a special awareness programme on menstrual hygiene and menstrual cup usage. The session began with an educational class on the menstrual cup, highlighting its benefits such as cost-effectiveness, eco-friendliness, and health safety compared to disposable sanitary products. Following the class, free menstrual cups were distributed to the students, enabling them to practice sustainable menstrual hygiene management. The session was led by Ms. Noureen, Co-Founder, Femisafe company and distributed menstrual cups to all the students of BMH academy. To promote empathy and awareness among all genders, male students were given the opportunity to try a “menstrual cramp simulator”. This activity helped them understand the discomfort and challenges faced by women during menstruation. The programme was well received by both male and female students. The initiative encouraged open discussions on menstrual health and emphasized the importance of adopting eco-friendly practices. The combined efforts of the NSS volunteers and the Department of OBG made the event successful, impactful, and educational. About 360 students benefitted from this session.



JDT ISLAM COLLEGE OF PHYSIOTHERAPY

Introduction

As part of its **regular NSS activities**, the NSS Unit of JDT Islam College of Physiotherapy organized **free physiotherapy camps** at **Old Age Home, Vellimadukunnu** and **Pakalveedu, Poolakkadavu, Kozhikode**. The programme

aimed at improving mobility, reducing pain, and promoting health and well-being among the elderly.

Programme Details

1. Physiotherapy Camp at Pakalveedu, Poolakkadavu

- The programme was presided over by **Mrs. Fenisha K. Santosh**, Councillor, Kozhikode Corporation Ward.
- The camp was inaugurated by **Dr. S. Jayasree**, Chairperson, Health Standing Committee, Kozhikode Corporation.
- Services provided included:
 - Physiotherapy assessment
 - Posture correction advice
 - Pain management techniques
 - Breathing exercises and mobility training
 - Lifestyle and home exercise guidance
- The camp mainly addressed issues of arthritis, back and neck pain, postural problems, and mobility limitations.

2. Physiotherapy Camp at Old Age Home, Vellimadukunnu

- Conducted **in association with the Kerala Association for Physiotherapy Council (KAPC)**.
- Residents were assessed and given individualized physiotherapy programmes, including strengthening, stretching, and balance training.
- Special attention was given to bedridden and dependent residents for preventing complications such as contractures and pressure sores.

Participation

- **NSS Volunteers:** Played an active role in organizing the camp, assisting physiotherapists, guiding the elderly, and providing awareness on exercises.
- **Beneficiaries:** More than **120 elderly individuals** benefited from the camps at both venues.

Outcomes

- Increased awareness among elderly residents about the importance of physiotherapy for healthy ageing.

- Improved access to free physiotherapy consultations and exercise programmes.
- Strengthened collaboration between NSS, KAPC, and local welfare institutions.
- Enhanced the skills and community service experience of NSS volunteers.

Conclusion

The physiotherapy camps conducted at **Old Age Home, Vellimadukunnu** and **Pakalveedu, Poolakkadavu** as part of **NSS regular activities** were highly successful. The initiative promoted mobility, independence, and quality of life among the elderly while also fostering a spirit of service among NSS volunteers.



SREE GOKULAM NURSING COLLEGE, **VENJARAMOODU**

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	15.08.2025	Independence Day	200	3	Instilled a deep sense of patriotism and unity among all participants
2	10.09.2025	World Suicide Prevention Day Observation	100	3	The programme empowered beneficiaries with awareness, hope, And coping strategies to prevent suicide and promote mental well-being

Brief Description of the activity with photographs if any:-

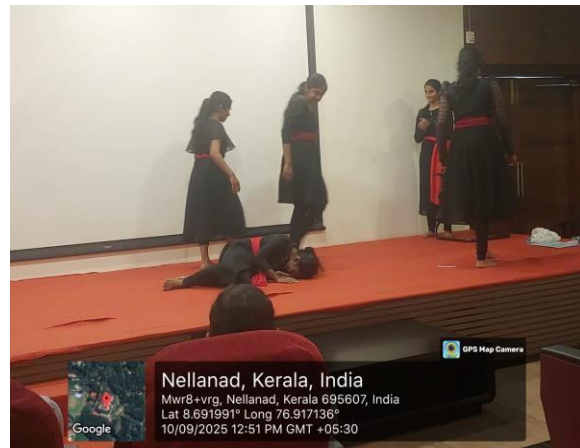
The 79th Independence Day was celebrated with great enthusiasm at SGMC & RF under the initiative of the NSS unit. The program commenced at **8:30 am** with the flag hoisting ceremony conducted by our Dean (Clinical). All NSS volunteers, along with students from various departments, actively participated in the event. The celebration was marked with a variety of cultural programs including patriotic songs, dances, and performances presented by the students. These activities reflected the true spirit of unity and patriotism. Our respected Principal, **Lt. Col prof. Meera K Pillai**, addressed the gathering and emphasized the

invaluable contributions and sacrifices of soldiers who safeguard our nation. She highlighted their struggles and dedication, reminding everyone of their duty to uphold the dignity of the country. The Dean, in his speech, spoke on the importance of freedom and the responsibilities of every citizen in preserving it. His words inspired the students to remain committed to national development and service. The celebration concluded with a vote of thanks, followed by the distribution of sweets. The event instilled a sense of pride and patriotism among all present and served as a reminder of the sacrifices made for India's independence.



Suicidal Day Observation:

An awareness session was organized by the Mental Health Nursing (MHN) Department of SGNC, in coordination with the NSS Unit and the 6th Semester B.Sc. Nursing students. The program was held on September 10 at the SGMC Auditorium, beginning at 9:00 am. The session was formally inaugurated by the Head of the Department of Psychiatry, SGMC & RF, who delivered the keynote address. In his speech, he highlighted the psychological challenges faced by today's students and emphasized the importance of maintaining healthy family relationships. Other dignitaries present also shared their views on related aspects, further enriching the session with valuable insights. As part of the program, NSS volunteers and 6th semester nursing students performed a role play, effectively showcasing the significance of the day's theme. The role play received appreciation for its impactful presentation. The program concluded at 11:00 am, leaving the participants with increased awareness and motivation to prioritize mental health and family bonding in daily life.



DR. MOOPENS COLLEGE OF NURSING, **MEPPADI**

Overview

The NSS Unit at Dr. Moopen's Nursing College has actively participated in various community service programs over the past month. These activities were designed to address significant social issues, promote health awareness, and contribute to environmental conservation. Below is a summary and detailed report of each programme conducted in August 2025 and September 2025.

Date	Programme Name	Number of Participants	Duration	Achievements
26/08/2025	Old age home visit, as a part of onam with elderly people	56	4 hours	The visit was aimed at spreading love, joy, and togetherness among the residents, many of whom often face loneliness and isolation.

29/08/2025	NSS Yuvajagaran IEC Van Campaign, Magic Show, Mega Thiruvathira & Flash mob	300+	2hours	Commitment to fight against HIV–AIDS and to spread awareness within the community. The programme aimed at sensitizing students and the community about the importance of HIV–AIDS prevention, early diagnosis, and social acceptance of affected individuals.
30/08/2025	Medical Mission Drive 2025-medical camp	200+		The Medical Mission Drive 2025 was a resounding success, not only in delivering essential healthcare services to the underserved but also in fostering community awareness and volunteer commitment. The event truly reflected the spirit of setting a strong example of service towards building a healthier tomorrow.
09/09/2025	Teacher's day programme- Dr. Radhakrishnan memorial endowment speech.	340	3hrs	Encouragement to reflect on the messages shared and to actively engage in fostering a positive educational environment.
12/09/2025	Proud Moment !! On 12/09/2025, as the NSS Yuvajagaran District Coordinator, Wayanad , I am delighted to share that we have successfully completed 58 Folk Campaigns			The programme aimed at sensitizing students and the community about the importance of HIV–AIDS prevention, early diagnosis, and social acceptance of affected individuals

	and 15 IEC KSRTC Van Campaigns across Wayanad district. With this, Wayanad proudly becomes the first district in Kerala to achieve the Yuvajagaran campaign target.			
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NSS REPORT

Old Age Home Visit – “Some Moments with Elderly” Venue: Peace Village, Vengapally, Wayanad

Date: 26th September 2025

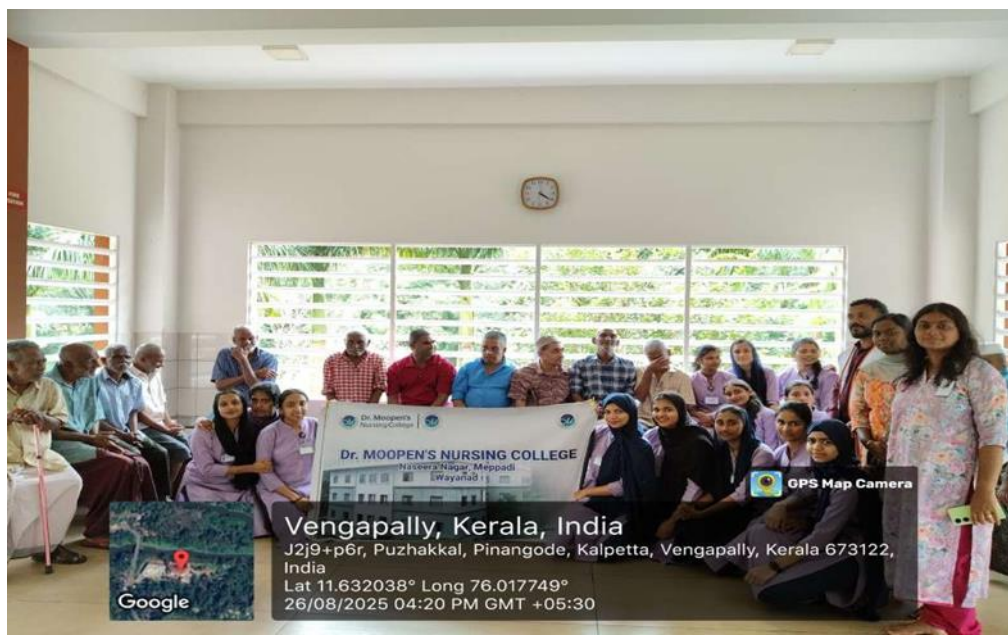
Organised by: NSS Unit, Dr. Moopen’s Nursing College

The NSS Unit of Dr. Moopen’s Nursing College organized a compassionate outreach program at *Peace Village Old Age Home*, Vengapally, on **26th September 2025**, as part of the Onam celebrations and the initiative “*Some Moments with Elderly*”.

The visit was aimed at spreading love, joy, and togetherness among the residents, many of whom often face loneliness and isolation. Our volunteers warmly interacted with the elderly, listened to their life experiences, and engaged them in cultural and recreational activities.

Traditional Onam festivities, including songs, dances, and games, were organized to bring a festive spirit to the home. The event was coordinated under the guidance of our NSS Programme Officer, with support from our Principal, faculty members, and enthusiastic NSS volunteers. The visit not only brightened the day of the elderly but also instilled in the students the values of empathy, respect, and the importance of caring for the senior members of society.

In conclusion, the NSS Unit's visit to Peace Village truly reflected the spirit of Onam— celebrating unity



2.NSS REPORT

Programme: NSS Yuvajagaran IEC Van Campaign, Magic Show & Mega Thiruvathira Flash mob

Date: 29th August 2025

Venue: Dr. Moopen's Nursing College, Nazeera Nagar, Meppadi **Organised by:** NSS Unit, Dr. Moopen's Nursing College **Theme:** HIV-AIDS Awareness Campaign

As part of the district-level **NSS Yuvajagaran IEC Van Campaign**, the NSS Unit of Dr. Moopen's Nursing College organized an **HIV-AIDS Awareness Programme** on **29th August 2025** at the college campus. The programme aimed at sensitizing students and the community about the importance of HIV-AIDS prevention, early diagnosis, and social acceptance of affected individuals.

The programme began with a **Mega Thiruvathira Flash mob performed by NSS volunteers**, which created a festive and energetic atmosphere, drawing the

attention of the crowd and effectively setting the tone for the awareness campaign.

A major highlight of the event was a **Magic Show by the renowned magician Shri. Rajeev Memunda**, whose performance skilfully blended entertainment with powerful social messages on health awareness, myths, and misconceptions regarding HIV–AIDS. The interactive and innovative approach left a lasting impression on the audience, especially the youth, motivating them to actively participate in awareness initiatives.

The **IEC Van Campaign** further enriched the programme with informative displays, posters, and pamphlets that emphasized safe practices, stigma reduction, and the role of youth in spreading awareness.

The event was **coordinated by NSS Yuvajagaran District Coordinator & NSS Programme Officer Ms. Vineetha K**, with the wholehearted support and guidance of **Principal Prof. Dr. Lida Antony** and **Vice Principal Prof. Ramudevi C**. Their encouragement and leadership ensured the smooth and successful conduct of the programme.

The event witnessed active participation from students, faculty, and NSS volunteers, creating a vibrant and educative environment. The programme concluded with an oath-taking session led by NSS volunteers, reaffirming their commitment to fight against HIV–AIDS and to spread awareness within the community.



3. NSS REPORT

Medical Mission Drive 2025

Organized by: NSS Unit, Dr. Moopen's Nursing College

In association with: Aster MIMS Kozhikode, Dr. Moopen's Medical College & Aster Volunteers

Date: 31st August 2025

Venue: Underserved community regions -Vayakandi, Pallikavala, Meppadi, Wayanad

Introduction

The NSS Unit of Dr. Moopen's Nursing College, in collaboration with Aster MIMS Kozhikode, Dr. Moopen's Medical College, and Aster Volunteers, organized a Medical Mission Drive on 31st August 2025. The initiative was carried out with the noble vision of extending quality healthcare to underserved communities, ensuring free access to medical consultations, medicines, and referral services.

Objectives

- To provide free medical consultations and essential medicines.
- To identify and treat common ailments in underserved communities.
- To detect chronic illnesses early and guide patients for further specialized care.
- To spread awareness regarding personal hygiene, healthy lifestyle practices, and preventive healthcare.
- To instil social responsibility, empathy, and leadership among NSS volunteers.

Team Composition

- Medical Team: 2 Physicians, 2 Nursing Staff, 2 General Duty Staff.
- Support Team: NSS Volunteers from Dr. Moopen's Nursing College.

Activities Conducted

1. Medical Consultations:

Beneficiaries received free consultations focusing on both immediate health concerns and early detection of chronic illnesses.

2. Medicine Distribution:

Essential medicines were distributed to patients, providing immediate relief.

3. Referral Services:

Patients requiring specialized care were referred to higher healthcare facilities, ensuring continuity of treatment.

4. Volunteer Services:

- o Mobilizing local participation.
- o Assisting in patient registration and consultation process.
- o Facilitating smooth medicine distribution.
- o Conducting awareness sessions on hygiene, lifestyle modifications, and preventive care.

Outcome & Impact

- Hundreds of beneficiaries from healthcare-deprived regions were served with compassion and care.
- The initiative sensitized the community on the importance of timely treatment and healthy living.
- NSS volunteers gained valuable experience, developing empathy, leadership, and a deeper sense of social responsibility in alignment with the NSS motto — “Not Me, But You.”

Conclusion

The Medical Mission Drive 2025 was a resounding success, not only in delivering essential healthcare services to the underserved but also in fostering community awareness and volunteer commitment. The event truly reflected the spirit of collective effort, humanitarian service, and

social responsibility, setting a strong example of service towards building a healthier tomorrow.



4. NSS REPORT ON TEACHER'S DAY CELEBRATION

Venue: College Auditorium, Dr. Moopen's Nursing College, Naseera Nagar, Meppadi

Date: 9th September 2025

Time: 2:30 PM – 4:30 PM

Organised by: NSS, SNA and College Union

The Teacher's Day celebration at Dr. Moopen's Nursing College was conducted on 9th September 2025 at the College Auditorium to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan, a distinguished philosopher, teacher, and former President of India. The program was organized collaboratively by the NSS, SNA, and College Union, with active participation from the Second Semester BSc Nursing students.

The event commenced with a welcome address, followed by a tribute to Dr. Radhakrishnan, highlighting his immense contributions to education and philosophy. The central attraction of the day was the Dr. S. Radhakrishnan Memorial Endowment Speech on the theme "Teachers: Leading in Crisis, Reimagining Future."

The keynote speaker, Dr. (Brig) Arbetu Prabhakara Kamath, Former Dean of Dr. Moopen's Medical College, delivered an inspiring address that shed light on the

evolving responsibilities of educators in a rapidly changing world. He emphasized the importance of resilience, adaptability, and innovation in teaching, particularly during times of global crises. His words motivated both faculty and students to view education as a transformative force that shapes the future.

The program created a vibrant and reflective atmosphere, encouraging students to acknowledge the pivotal role of teachers in society. The celebration concluded with refreshments, sponsored by the NSS Unit of Dr. Moopen's Nursing College.

The Teacher's Day celebration was a fitting tribute to the noble profession of teaching and an opportunity for students to express gratitude and respect towards their mentors.



LOURDE COLLEGE OF NURSING, **TALIPARAMBA**

Sl. No	Date	Activity conducted	No. of participants	No. of hours	Achievement by the programs including beneficiaries
1		No activities were conducted as students had Onam vacation, University exams.			

Sd/-

Dean (Student Affairs) & NSS Programme Coordinator