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**Press Release**

**Training for Kerala University of Health Sciences Staff to Save Lives During Emergencies**

Thrissur: The Academic Staff College of the Kerala University of Health Sciences (KUHS) organized a two-day Basic Life Support (BLS) training programme for university staff. The programme was conducted at the University's Simulation Lab with the support of the Department of Emergency Medicine, Jubilee Mission Medical College Hospital.

The programme was inaugurated by the Registrar of KUHS, Prof. Dr. S. Gopakumar. Speaking on the occasion, he said that the training was organized with the objective of equipping university staff with essential life-saving skills required during critical moments before professional medical assistance becomes available in emergencies such as cardiac arrest, respiratory distress, accidents, and choking incidents.

“Every individual has a responsibility towards society that goes beyond their official duties. One need not be a doctor to save a life. Anyone trained in Basic Life Support can help save the lives of family members, friends, colleagues, or even strangers in public places. In many emergencies, the correct intervention during the first few minutes can make the difference between life and death,” the Registrar said during his inaugural address.

As part of the training, participants received hands-on instruction in administering Cardiopulmonary Resuscitation (CPR) to adults and children, managing choking emergencies, and maintaining airway patency. Practical sessions were conducted using specialized simulation mannequins that replicated real-life emergency scenarios, enabling participants to develop the necessary skills and confidence to respond effectively during emergencies.

The programme was organized under the leadership of Prof. Dr. V. V. Unnikrishnan, Director of the Academic Staff College. Training sessions were led by Dr. P. C. Rajeev, Dr. Deo Mathew and Dr. Mercy P. J. from the Department of Emergency Medicine, Jubilee Mission Medical College Hospital.

Sd/-

**Registrar**